Handout B: Journaling

Answer the following questions in your journal, as you prepare to voluntarily share some of your responses in a class discussion.

1. Based on your purpose as a citizen, give two or three examples of ways you can demonstrate self-sacrifice.

2. To what extent are you currently demonstrating self-sacrifice? What other virtues are you cultivating and improving? How can you help others demonstrate self-sacrifice?

3. How does self-sacrifice as a student help you to achieve your purpose?